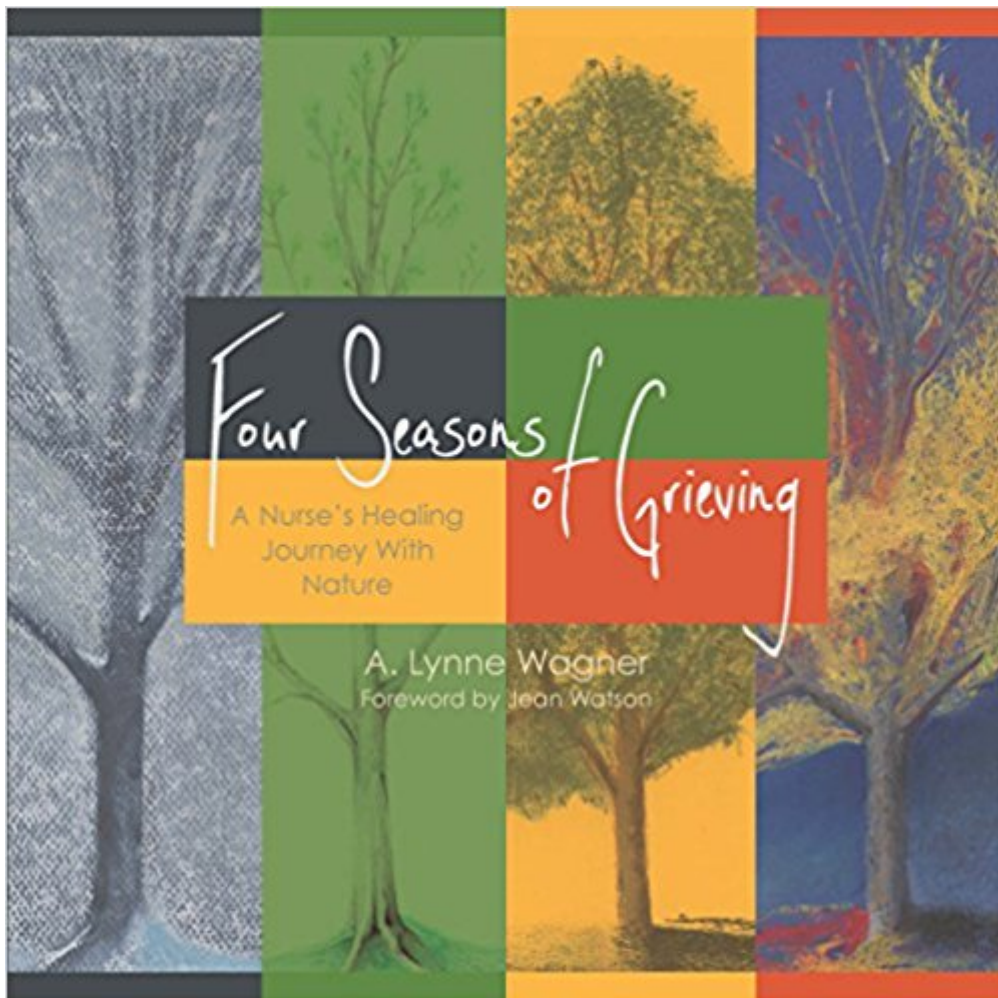




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2015 AJN Award Recipient Four Seasons Of Grieving: A Nurse's Healing Journey With Nature



Synopsis

Nurses, who are exposed each day to patient trauma, end-of-life situations, and the raw grief of partners, parents, and families, may experience loss more personally than other healthcare professionals. A healthy grieving process is essential for nurses to heal and restore themselves so they can sustain a caring practice. Beautifully illustrated in full color, *Four Seasons of Grieving: A Nurse's Healing Journey With Nature*, is a small yet powerful book. Part guidebook and part memoir of one nurse's grieving journey, this portable book contains practical guidance and wisdom for anyone experiencing grief.

Book Information

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A nurse for more than 40 years, A. Lynne Wagner, EdD, MSN, RN, FACCE, is a Nurse Consultant, Faculty Associate at Watson Caring Science Institute, Adjunct Faculty member at the University of Colorado-Denver School of Nursing, cofounder of the Massachusetts Regional Caring Science Consortium, board member for the International Association for Human Caring, and Professor Emerita of Nursing at Fitchburg State University in Massachusetts.

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